

# MARLWOOD (1) SECONDARY SCHOOL

## *Monday*

Homemade Meatballs in Tomato Sauce  
Cheese Quiche

Served with Oven Baked Sauté Potatoes, Spaghetti,  
Broccoli Florets and Golden Sweetcorn

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Lamb Curry with Rice  
Cheese, Sweetcorn and Tomato Pizza

Served with Oven Baked Jacket Wedges, Garlic Bread,  
Oven Baked Tomatoes and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Beef and Yorkshire Pudding  
Vegetarian Layer Bake

Served with Roast / Boiled Potatoes, Shredded Cabbage,  
Sliced Carrots and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Chicken Casserole  
Vegetarian Sausages

Served with Creamed Potatoes, Broccoli Florets and Carrots and  
Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tomato Fish Bake  
Fruit and Vegetable Risotto

Served with Chipped / Jacket Potatoes, Baked Beans and Coleslaw

Sweet of the day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
One**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**

# MARLWOOD (1) SECONDARY SCHOOL

## *Monday*

Beef Pasta Bolognaise  
Vegetarian Savoury Pasta Mince

Served with Jacket potatoes, Sliced Green Beans and  
Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Shepherd's Pie  
Cheese, Pineapple and Tomato Pizza

Served with Oven Baked Jacket Wedges, Chopped Tomatoes  
and Golden Sweetcorn

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Lamb with Mint Sauce  
Vegetarian Cottage Pie

Served with Roast / Boiled Potatoes, Sliced Carrots,  
Broccoli Florets and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Turkey in BBQ Sauce  
Vegetarian Moussaka

Served with Pasta Spirals, Cauliflower and Sweetcorn Medley  
and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tomato, Salmon and Basil Pasta  
Spicy Bean Casserole

Served with Chipped / Jacket Potatoes, Baked Beans  
and Coleslaw

Sweet of the Day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
Two**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**

# MARLWOOD (1) SECONDARY SCHOOL

## *Monday*

Sausage and Tomato Casserole with Dumplings  
Pizza Margherita

Served with Oven Baked Sauté Potatoes / Boiled Potatoes,  
Golden Sweetcorn and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Savoury Mince in Yorkshire Pudding  
Vegetarian Mince in Yorkshire Pudding

Served with Creamed Potatoes, Baton Carrots,  
Shredded Cabbage and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Pork  
Vegetarian Burger

Served with Roast / Boiled Potatoes, Sliced Carrots, Broccoli  
Florets and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Chicken Pie  
Cauliflower, Broccoli and Cheese Bake

Served with Oven Baked Jacket Wedges, Oven Baked Tomatoes  
and Baked Beans

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tuna Pasta Bake  
Vegetarian Lasagne

Served with Chipped / Jacket Potatoes, Garden Peas and Coleslaw

Sweet of the day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
Three**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**

# MARLWOOD SECONDARY SCHOOL

## *Monday*

Homemade Meatballs in Tomato Sauce  
Cheese Quiche

Served with Oven Baked Sauté Potatoes, Spaghetti,  
Broccoli Florets and Golden Sweetcorn

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Lamb Curry with Rice  
Cheese, Sweetcorn and Tomato Pizza

Served with Oven Baked Jacket Wedges, Garlic Bread,  
Oven Baked Tomatoes and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Beef and Yorkshire Pudding  
Vegetarian Layer Bake

Served with Roast / Boiled Potatoes, Shredded Cabbage,  
Sliced Carrots and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Chicken Casserole  
Vegetarian Sausages

Served with Creamed Potatoes, Broccoli Florets and Carrots and  
Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tomato Fish Bake  
Fruit and Vegetable Risotto

Served with Chipped / Jacket Potatoes, Baked Beans and Coleslaw

Sweet of the day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
One**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**

# MARLWOOD SECONDARY SCHOOL

## *Monday*

Beef Pasta Bolognaise  
Vegetarian Savoury Pasta Mince

Served with Jacket potatoes, Sliced Green Beans and  
Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Shepherd's Pie  
Cheese, Pineapple and Tomato Pizza

Served with Oven Baked Jacket Wedges, Chopped Tomatoes  
and Golden Sweetcorn

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Lamb with Mint Sauce  
Vegetarian Cottage Pie

Served with Roast / Boiled Potatoes, Sliced Carrots,  
Broccoli Florets and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Turkey in BBQ Sauce  
Vegetarian Moussaka

Served with Pasta Spirals, Cauliflower and Sweetcorn Medley  
and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tomato, Salmon and Basil Pasta  
Spicy Bean Casserole

Served with Chipped / Jacket Potatoes, Baked Beans  
and Coleslaw

Sweet of the Day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
Two**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**

# MARLWOOD SECONDARY SCHOOL

## *Monday*

Sausage and Tomato Casserole with Dumplings  
Pizza Margherita

Served with Oven Baked Sauté Potatoes / Boiled Potatoes,  
Golden Sweetcorn and Garden Peas

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Tuesday*

Savoury Mince in Yorkshire Pudding  
Vegetarian Mince in Yorkshire Pudding

Served with Creamed Potatoes, Baton Carrots,  
Shredded Cabbage and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Wednesday*

Roast Pork  
Vegetarian Burger

Served with Roast / Boiled Potatoes, Sliced Carrots, Broccoli  
Florets and Gravy

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Thursday*

Chicken Pie  
Cauliflower, Broccoli and Cheese Bake

Served with Oven Baked Jacket Wedges, Oven Baked Tomatoes  
and Baked Beans

Sweet of the Day  
Fresh Fruit / Yoghurt

## *Friday*

Salmon Fish Fingers with Lemon and Parsley Garnish /  
Tuna Pasta Bake  
Vegetarian Lasagne

Served with Chipped / Jacket Potatoes, Garden Peas and Coleslaw

Sweet of the day  
Fresh Fruit / Yoghurt

## **ADDITIONAL SERVICES**

**Salad Bar**

**Jacket Potato  
Bar**

**Pizza Servery**

**Pasta Bar**

**Week  
Three**

## **DRINKS AVAILABLE**

**Fruit Juice  
or  
Milkshake  
or  
Water**